



# North Tyneside Riders CC

## Presents

### MH9 Hill Climb Winters Gibbet

To be held on Sunday 11th September 2022

*Promoted for & on behalf of Cycling Time Trials under their Rules & Regulations*

#### Event Secretary

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#### Timekeepers

Frances & Peter Schultz, Sharon Dyson.

Please note any problems on the road please contact Pam Shaper on 07710536578 who will be looking after the HQ while the race is in progress.



### **HQ and Parking**

**HQ: Elsdon Village Hall. Elsdon, Northumberland, NE19 1AA.**

There is parking at the hall but if you need to park in the village please park respectfully in the village.

### **Course – MH9**

This event is been run on the MH9 Course Winters Gibbet.

2.2 Mile Hill Climb –Start on minor Gibbet road south of Elsdon Village Opposite first Telegraph pole (A1) on the right crossing the small bridge in the direction of the Gibbet. Proceed uphill to FINISH at the Northumberland National Park stone sign at the beginning of the natural lay-by.

### **Safety notes:**

Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.

The hall has kindly allowed us to use the toilets and the hall.

**Wearing a Helmet is now compulsory as is having a Front & Rear light on your bike**

### **Numbers and Results**

All riders must sign the “signing on sheet” before collecting their numbers and must sign the sheet again when returning after their ride.

Please make sure your number is placed correctly on jerseys/skinsuits to assist time timekeepers. If the timekeepers are unable to read your number then the time may be void. Below is a diagram for positioning your number on jerseys/skinsuits. Riders MUST provide their own safety pins.



Results will be posted on the Northumberland & Durham Cycling Association Facebook page as soon as they are received from the Timekeepers

Safety notes:

- Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.

Riders:.

- No U-turns to be made in the vicinity of the timekeeper.
- No dismounting in the finishing area.

## **Riders,**

All riders are responsible for their own safety

You must obey the rules of the road and obey all traffic signs, signage and direction indicators

It is your responsibility to ensure that your machine is roadworthy and that you ride safely at all times

You must look ahead and not ride with your head down

You must not take pace or shelter from any other vehicle or competitor (no drafting)

Failure to comply with the above may lead to disciplinary action being taken

No warming up on the course once the race has started

No dismounting by riders in finishing area.

Keep strictly to the correct side of the road

In the interests of your own safety, Cycling Time Trials have made the wearing of a HARD SHELL HELMET Compulsory..

A working Front & Rear light is also compulsory in CTT events.